

WHAT IS CHATHEALTH?

ChatHealth is a secure NHS-developed text messaging service that is used by school nurses, health visitors, mental health teams, and sexual health services across the country in NHFT.

The team can help with free testing, advice and contraception.

Anyone aged 13-24 can send a text to the Sexual Health team on 07312 263114.

MAKING A DIFFERENCE FOR YOU, WITH YOU



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