Northamptonshire Police Blue Butterfly Scheme

Do you ever get that butterfly feeling and know something just isn't right? Well it happens to a lot of us, but how do we handle this? Someone young or vulnerable may find this difficult to deal with and so the Blue Butterfly scheme has evolved to look at ways to help.

Northamptonshire Police are working with schools and groups to discuss bullying and violence and how that butterfly feeling often happens when we know things are not right, be that something said at school or at home.

Through a simple presentation and discussion, usually by a Police Community Support Officer, we explore ways of handling bullying, violence and anything that causes upset and how we can find solutions to release that feeling and move on with our lives.

'Bertie' the Blue Butterfly, the mascot for the scheme, is becoming recognised by those that have already received a presentation and so far has provided children with confidence to speak to a trusted adult or appointed person that is wearing the recognisable friendly butterfly badge.

> For more details about the Blue Butterfly scheme or booking a presentation please contact bluebutterfly@northants.pnn.police.uk

In an emergency call 999 For non-emergencies call 101 Visit www.northants.police.uk



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